

THE UNIVERSITY OF
NOTRE DAME
AUSTRALIA



“For outdoor education, the hands-on learning is unbeatable. Getting out there in the schools in the programs and learning from instructors is something that I can’t get in the classroom.”

Dylan

Outdoor Recreation student

Health Sciences Symposium Program

Tuesday 27 June

9.30am	Registration and Morning tea			
10am	Welcome to Notre Dame 'My career in Health Sciences' – Alumni presentation			
	Outdoor Education	Physical Education Studies	Human Biology	Health Studies
Session 1 10.20am	Orienteering	Activity rotation: <ul style="list-style-type: none"> Training for Power Talent ID in AFL Exercise and environmental extremes 	Activity rotation: <ul style="list-style-type: none"> Skeletal muscle body painting Dissections 	Standard drinks: Strategies to protect and promote health regarding alcohol use
Session 2 11.10am	Problem solving and facilitation			Picture perfect: Examining attitudes, beliefs and norms and their impact on body image
11.50pm	Lunch			
Session 3 12.30pm	Outdoor leadership	Periodisation	The Brain: What we know and what we don't	Sell health like we sell food: Exploring approaches to address barriers preventing groups from experiencing better health
1.15pm	Test your knowledge – group quiz!			
2pm	Close			

FULLY BOOKED

For further information please contact Alanna Harmey: **08 9433 0851** | alanna.harmey@nd.edu.au

Venue: The University of Notre Dame Australia, Fremantle Campus



Register notredame.edu.au

Fremantle

Broome

Sydney